

Fanshawe Yacht Club Sailing School

2010 Youth Program Course Information and Schedule

The Fanshawe Yacht Club Sailing School courses follow the Canadian Yachting Association (CYA) *Learn to Sail* program, offering standardized instruction to youth and adults. The CYA levels build together from White Sail I to Bronze V, continuing into racing with Silver and Gold levels.

Youth Day Programs

At Fanshawe Yacht Club we offer our youth program as a day school through the summer months. The three White Sail levels are offered in two-week sessions and a conscientious student should be able to achieve one level in each two-week session. The two Bronze levels are more complex and they are offered in four-week sessions (2 each summer) so that the serious student can attain a Bronze level each session. Some students are able to achieve faster progress in White and Bronze levels. The racing levels of Silver and Gold require more intensive training and practice by attending regattas through the entire summer season. At this stage, it is not unusual for students to work all summer to achieve one level.

White Sail – Level I

This level introduces the beginner to sailing. It covers safety, seamanship, rigging and basic boat handling under instructor direction in wind strength of 8-15 km/hr.

White Sail – Level II

This level introduces the student to sailing terminology together with more seamanship and boat handling skills under instructor direction in wind strengths of 8-15 km/hr.

White Sail – Level III

This is a comprehensive level covering the minimum knowledge and skills a sailor requires to sail safely and competently without supervision in winds of 8-15 km/hr.

Bronze Sail - Level IV

This level introduces the sailor to sail trim and basic boat tuning. It also covers safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills in winds of 15-25 km/hr.

Bronze Sail - Level V

This level covers spinnaker use, trapezing, sail theory and boat maintenance, together with advanced boat handling skills in winds of 15-25 km/hr.

Racing

The CYA levels continue with the Silver Sail - Level VI and Gold Sail - Level VII. At FYC the racing levels are offered under a separate program. Please inquire for details of the racing program.

Skills Week

The ninth week of the summer present extra time for students to take additional coaching to finish up a level or to hone their sailing skills after their regular course work. Coaches will be available to work with the students, usually at lower student ratios.

Course Schedule for 2010

Date	No.	Fees	Level		
July 5 to 16	YW1	\$ 398.00	White Sail I	White Sail II	White Sail III
July 19 to 30	YW2	\$ 398.00	White Sail I	White Sail II	White Sail III
Aug 2 to 13	YW3	\$ 398.00	White Sail I	White Sail II	White Sail III
Aug 16 to 27	YW4	\$ 398.00	White Sail I	White Sail II	White Sail III
July 5 to 30	YB1	\$ 900.00	Bronze Sail IV and V		
Aug 2 to 27	YB2	\$ 900.00	Bronze Sail IV and V		
Aug 30 to Sep 3	Skills	\$250 per wk	additional days for students to complete any level		

Course Fees

White Sail - Levels I, II, III	two weeks	\$ 398.00
Bronze Sail - Levels IV and V	four weeks	\$ 900.00
Skills Weeks	each week	\$ 250.00

Courses can be discounted \$ 20.00 for Fanshawe Yacht Club family members

Multi registrations can be discounted \$ 20.00 after first course (2nd registration for one student or 2nd student in one family)

Bus Transportation can be requested for an additional fee of \$ 30.00 per two-week course. Refer to the General Information sheet for details of bus stops and schedules.

The Advanced Sailing Skills Manual is included in the fee for the Bronze Level courses. Manuals will be given out on the first day of each course. Deduct \$ 25 if you already have a usable manual.

Refund Policy

Refunds (less a \$50.00 service charge) will be allowed up to 7 days prior to the start date of each course, subject to confirmation with the Sailing School Director. Refunds requested at a later date will require a medical certificate. No refunds will be made due to poor weather conditions.