

# Fanshawe Yacht Club Sailing School

## Adult Summer Classes – General Information

The Fanshawe Yacht Club Sailing School is located at Fanshawe Lake in London, Ontario. Courses follow the Canadian Yachting Association (CYA) (now Sail Canada - SC) *Learn to Sail* program, offering standardized instruction to youth and adults.

### Staff and Equipment

All instructors are certified to CYA standards. The CYA recommends a maximum of ten students per instructor.

The FYC Sailing School fleet includes CL14's for Learn to Sail and Club 420's for more advanced training. All sailing equipment is provided by the school, including personal floatation devices (PFD) for each student.

### Safety

Every student is required to wear an approved PFD while in the boats or on the docks.

### What to Bring to Sailing School

#### Clothing

Please ensure that you are dressed for the weather. At all times (on shore and on the water): shorts/swim trunks similar to shorts/shorts over bathing suits must be worn.

When on shore: a shirt going past waist length must be worn. Please also bring:

- appropriate clothes for the forecast weather (jacket, rainwear)
- complete change of dry clothes (just in case)
- swimsuit, towel, hat, sunscreen, eye/sunglass retainers
- proper footwear

We recommend sneakers rather than sport sandals to protect toes. If sandals are worn, they should be sturdy. Flip-flops are not allowed!

Remember the Australian Sun Formula – **slip** on a shirt, **slap** on a hat, **slop** on waterproof sunscreen.

#### Cold and Rainy Days

Our programs continue rain or shine. The clubhouse provides rain shelter, however foul weather provides an opportunity to teach a number of necessary points outside. Proper dress for such days is essential (Warm clothes, foul weather gear, rubber boots).

#### Lost and Found

Please do not bring expensive items to come to the Club (e.g: watches, jewellery. All items can be lost or dropped overboard.

#### Absentees

Please telephone the Sailing School (519-451-8989) in the morning and let us know if you will be absent. If you know in advance of an absence, please let us know. A call or note by you takes only a moment but it can save us considerable time waiting for you to arrive. Make-up time for absences can be arranged through another class or extra time at the end of the course

### How do I get to the Sailing School

When driving to the club please plan to arrive at Fanshawe Yacht Club about 15 minutes before your class start time. Presentation of your receipt at the Park gate will allow you free entrance to the Park to drive through to the Club. The route is well signed. Follow the road across the dam. At the fork in the road, take the right side through the campgrounds. Stay on the main road past the camp store and follow the sign at the next right turn to the club gate. The sailing school boathouse is just inside the gate on the left; we will start in or around the boathouse. Park your vehicle any where on the crass around the boathouse.

### Photographs

During the courses over the summer, our instructors and helpers record events taking photos. These recordings may be used in future years to market our programs. We ask you for your co-operation in allowing such photography to be taken. Any concerns with this should be expressed to your coach or other school personnel.

### **Course Information**

The CANSail 1 and 2 levels introduce the beginner to sailing, teaching water safety, seamanship, rigging and basic boat handling under a coach's direction to a point where the student has sufficient knowledge and skills to sail safely and competently without supervision in winds of 8-15 km/hr.

The CANSail 3 and 4 levels introduce the sailor to sail trim and basic boat tuning. It covers additional safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills. The course then covers spinnaker use, trapezing, sail theory and boat maintenance, together with advanced boat handling skills in winds of 15-25 km/hr.

### **2013 Adult Evening and Weekend Programs**

The adult evening/weekend courses include CANSail levels 1 and 2 in each course in late May and June. CANSail 3 and 4 courses will be offered in late July and August.

Evening courses run from 6:30 to 9:30pm to evenings per week over five weeks. Saturday courses run from 9:00am to 4:00pm for four weekends. All courses will require a minimum of 4 students to run and we can accommodate a maximum of 18 students in CANSail 1 and 2, 6 in CANSail 3 and 4.

Upon successful completion of the course to a minimum CANSail 2 standard, each adult student is allowed to use the school boats for the remainder of the sailing season to practice and enhance their newly-learned skills. This arrangement is without additional charge but it is subject to the availability of the boats during school sessions.

### **Course Schedule for 2013**

<b>Date</b>	<b>No.</b>	<b>Days</b>
May 27 to June 26	CS1&2-A1	Monday and Wednesday Evening (6:30 to 9:30pm)
May 28 to June 27	CS1&2-A2	Tuesday and Thursday evenings (6:30 to 9:30pm)
June 1, 8, 15, 22	CS1&2-A3	Saturday daytime (9:00am to 4:00pm)
July 8 to Aug 7	CS1&2-A4	Monday and Wednesday Evening (6:30 to 9:30pm)
July 8 to Aug 7	CS3&4-A5	Monday and Wednesday Evening (6:30 to 9:30pm)

## **Course Fees**

All courses are offered for a fee of \$470.00 per person, including a course manual. Our “Buddy Bonus” allows a second person (family or friend) to register with a discount. The second person pays only \$440.00 with any printed material to be shared.

All courses can be discounted a \$20.00 for Fanshawe Yacht Club family members.

## **Fee Payment and Refund Policy**

Fees must be paid in full at the time of registration. Cheques or money orders should be payable to FYC Sailing School. Post-dated cheques cannot be accepted.

Refunds (less a \$50.00 service charge) will be allowed up to 7 days prior to the start date of each course. Refunds requested at a later date will require a medical certificate. No refunds will be made due to poor weather conditions.