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1. Adult Program Overview

The **Fanshawe Yacht Club Sailing School (FYCSS)** is located on Fanshawe Lake in London, Ontario and offers certified Learn to Sail courses for both adult and youth students in a fun and exciting environment. All instructors at the FYCSS are rated by Canada's national authority for sailing, Sail Canada. Class sizes are optimized for learning; Sail Canada recommends a maximum of 10 students per instructor. The fleet of sailboats available at the FYCSS includes CL 14s and Club 420s.

The school provides all necessary sailing equipment, including a personal floatation device (PFD) for each student.

2. Sail Canada's CANSail Dinghy Program

The FYCSS delivers sailing instruction through Sail Canada's CANSail Dinghy program, a leading sail training initiative (established in 2012) to foster performance in sailing and lifelong participation in the sport.

CANSail is designed to be a set of progressive learn to sail standards, **comprised of 6 (six) distinct levels**, focused on providing sailors with a solid foundation of core skills. It allows sailors to learn and progress in any type of boat and consolidates key skills and solid experiences before adding complex skills.

Each CANSail level has a checklist of associated skills that must be consistently performed by each sailor in order to achieve certification at that level. **Students work toward 1 (one) level at a time.** If a student consistently displays a skill from a higher CANSail level other than they are working towards, his/her checklist for that higher level will also be updated as appropriate. All CANSail level checklists are available online at: www.LondonSailing.ca/CANSail

Sailing is a physically, and often mentally, demanding sport. While the staff at the FYCSS will do everything they can to ensure the individual success of each student, **the FYCSS regrets that for the safety of each student and all other sailors, enrollment in a course does not guarantee certification at any level.** The required skills on each of the CANSail level checklists must be met by each student in order to achieve certification.

3. CANSail Levels 1-4. For Level Checklists, visit: www.LondonSailing.ca/CANSail

CANSail Level 1, CANSail Level 2	CANSail Level 3, CANSail Level 4
Introduce the beginner to sailing, teaching water safety, seamanship, rigging and basic boat handling under a coach's direction to a point where the student has sufficient knowledge and skills to sail safely and competently without supervision in winds of 8-15 km/hr.	Introduce the sailor to sail trim and basic boat tuning and cover additional safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills in winds of 15-25 km/hr. CANSail Level 4 requires participation in a full regatta.

Upon being certified at CANSail Level 2, each adult student may use the school boats for the remainder of the sailing season to practice and enhance their newly learned skills. This arrangement involves a small fee and is subject to the availability of the boats during school sessions and on a first-come, first-served basis.

4. Course Schedule for the 2017 Adult Program

Start Date	End Date	Course Code	CANSail Level	Class Days	Class Time
Mon. May 29	Wed. June 28	A1:CS1-2	1 or 2	Evenings: Mon / Wed	6:30 PM - 9:30 PM
Tues. May 30	Thurs. June 29	A3:CS1-2	1 or 2	Evenings: Tues / Thurs	6:30 PM - 9:30 PM
Sat. June 3	Sat. June 24	A5:CS1-2	1 or 2	Daytime: Saturday	9:00 AM - 4:00 PM
Mon. July 10	Thurs. August 10	A7:CS1-2	1 or 2	Evenings: Mon / Thurs	6:30 PM - 9:30 PM
		A8:CS3-4	3 or 4		

All courses require a **minimum of four students** to run.

5. Course Progression

CANSail levels are grouped into each course offered at the FYCSS, with students potentially working toward different levels (for example, in the A1 course, one student may be working toward his/her CANSail Level 1 while another, more experienced student works toward his/her CANSail Level 2). Students work toward 1 (one) level at a time. Some students may progress faster depending on their knowledge, skill and past experience. Enrollment in a course does not guarantee certification at any level.

6. Course Fees

All courses are offered for a fee of \$480.00 per person, including any course materials. Register a second person (family or friend) and share any printed material (including the course manual for any CS1-2 course) for only \$450.00 ("Buddy Bonus" discount of \$30.00). Fanshawe Yacht Club Owner and Sailing Members receive a \$30.00 discount for immediate family members.

7. Clothing and Personal Items

Students need to be dressed appropriately for the weather. At all times on shore and on the water, shorts or swim trunks must be worn. At all times on shore, a shirt going past waist length must be worn. Students should also consider bringing the following to each class:

- Appropriate clothes for the forecasted weather (jacket, rainwear).
- Complete change of dry clothes (just in case).
- Swimsuit, towel, hat, waterproof sunscreen, sunglasses (and retaining strap).
- Proper footwear. Shoes protect toes and are better than sandals. Flip-flops are not permitted to be worn while on a boat or dock.
- Notebook and pen (for taking notes during on shore instruction).

Valuables should not be brought to class (ie: phones, cameras, watches, jewellery). These items can be too easily dropped overboard or damaged by the water. Also, the FYCSS cannot be held responsible for valuables left unattended in the buildings or on the dock during a class.

8. Safety & Weather Considerations

Safety is the top priority of the FYCSS. Each student is required to wear an approved PFD at all times while in a boat or on a dock. **Our programs continue rain or shine.** While the FYCSS building provides rain shelter, foul weather gives students the opportunity to learn a number of necessary points outside. Proper dress for such days is essential (warm clothes, foul weather gear, rubber boots).

In any training environment for sailing, a degree of boat-to-boat contact is inevitable. However, most contact is avoidable. Students are strongly reminded that **every boat must make every reasonable effort to avoid collisions, even if it has right-of-way**, and even in light winds.

9. Arriving for Class

Please plan to arrive at the School (within the Fanshawe Yacht Club grounds) around 15 minutes before your class start time. Presentation of your course receipt at the Park gate will grant you free entrance into the Fanshawe Conservation Area. The route is well signed. Follow the road across the dam. At the fork in the road, go to the right and follow the main road through the campgrounds. The gate for the Club is marked by a sign indicating a right hand turn. The FYCSS boathouse is just inside the gate on the left. Vehicles may be parked on the grass at the side of the boathouse.

Detailed directions to the Club are available on the Club web site: www.LondonSailing.ca

10. Student Absences & Make-Up Classes

With the CANSail Program, certification at any level is dependent on the presence of required skills regardless of how much time was invested by each student. Therefore, absences will **not** result in a student being denied certification, however, absences greatly reduce the ability of students to obtain and consistently perform the required skills.

Instructors are **not required to re-teach** a lesson for any student missing a class. **Make-up classes will NOT be made** for individual students under any circumstances. Make-up classes are **not offered** for classes cancelled due to weather; skills that would have been covered will be taught in a subsequent class.

If advance notice of an absence from class is possible, students should inform the FYCSS by the morning of the class that will be missed. A phone call or note only takes a moment and is greatly appreciated by the Instructors.

11. Advisement of Instructor Trainees

During a course, certified instructors may be accompanied by Instructor Trainees, or "I.T.s". These volunteers are qualified sailors working toward their teaching certifications and contribute their time, effort and experience to assist the students and the instructor when possible.

12. Registration

To register for a course, **print and complete the registration form that follows** on the next pages of this document. Return the completed registration form along with an acceptable method of payment to the Sailing School.

For more information, visit: www.LondonSailing.ca

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**REGISTRATION FORM : 2017 ADULT PROGRAM**

Please complete one form (TWO PAGES each) per student and return it; mailing address is above.

1. STUDENT INFORMATION

Document Version: January 19, 2017 [v1]

Full Name:		Date of Birth:		Age:	
Address:		City / Town:			
Postal Code:		Email Address:			
Best phone number to use if we have to cancel a class:					

2. EMERGENCY CONTACT

Name:		Relationship:	
Cell Phone:		Home Phone:	

3. STUDENT'S HEALTH INFORMATION

Allergies:		Medications:	
Medical conditions that School staff should be aware of:			
<i>The student takes full responsibility for their health and confirms that the activities of the sailing school should not aggravate any known medical conditions. The student will inform the school staff of any condition that might develop or manifest during the period of the sailing course.</i>			

4. STUDENT'S SAILING / WATER EXPERIENCE TO DATE (Please circle; leave blank if unsure)

CANSail Level:	1 2 3	White Sail Level:	1 2 3 Bronze
Other Experience:		Can the student swim:	Yes No

5. COURSE SELECTION & FEES (Check adult program package or www.LondonSailing.ca for details)

Next CANSail Level Student is Working Toward (Circle ONE Only):		1 2 3 4
Course Code: Ex: A5:CS1-2	A ____:CS____ - ____	Standard Fee: \$480.00
		Discount(s), if any: \$
Course Dates:		TOTAL FEE: \$
<i>Please enclose a cheque or money order payable to "Fanshawe Yacht Club" for the total fee amount above. Fees must be paid in full at the time of registration. Post-dated cheques cannot be accepted.</i>		

6. OTHER INFORMATION

How did you hear about us?	<input type="checkbox"/> Open House <input type="checkbox"/> Web Site <input type="checkbox"/> Newspaper <input type="checkbox"/> Event / Show <input type="checkbox"/> Friend / Family <input type="checkbox"/> Other:
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7. Photographic / Video Recordings Consent

During a course, photographs or video recordings may be taken by Instructors or FYCSS volunteers for use on websites, printed mementoes, or future marketing material. Consent is assumed for each student through the act of registering in an FYCSS course, unless the FYCSS is informed to the contrary (via a written note to an Instructor or other FYCSS personnel) within the duration of the course.

8. Refund Policy

Refunds (less a \$50.00 service charge) will be allowed up to 14 days prior to the start date of each course, subject to confirmation with the School Director. Refunds requested at a later date will require a medical certificate (presented no later than 30 days from the end of the course) and will be prorated by the number of classes taken. No refunds will be given once 50% of the session is completed. Students must notify the School immediately of any medical occurrence. No refunds can be made due to poor weather conditions.

9. Sail Canada Information Release

Contact information for each student must be shared with Canada's national authority on sailing, Sail Canada, so that they can log student progress and issue CANSail certifications. Under no circumstances will student names or information be shared for commercial purposes.

10. Information Acknowledgement & Liability Waiver

In registering for this sailing school program, I acknowledge that:

- I have read, in its entirety, the latest adult program package (in addition to this registration form),
- I understand the CANSail certification system and the skills required for certification to be achieved,
- enrollment in a course does not guarantee certification at any level,
- sailing and other related activities may be hazardous and could expose participants to increased levels of risk, and
- I voluntarily assume these risks as a registering student.

I hereby release the Fanshawe Yacht Club, the sailing school, the Club members, officers, directors, employees and volunteers from all liability, claims and causes of action of any kind in respect of any personal injury, loss of property or loss of life arising out of the activities of the school. I have carefully read this waiver and I fully understand that I am freely executing same. I further understand that by agreeing to this waiver, I am prevented from any claim against the school and its parties.

Student Name:			
Student Signature:		Date:	

