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## 1. Youth Program Overview

The **Fanshawe Yacht Club Sailing School (FYCSS)** is located on Fanshawe Lake in London, Ontario and offers certified Learn to Sail courses for youth students (ages 9-18) as a day school in a fun and exciting environment during the summer months. All instructors at the FYCSS are rated by Canada's national authority for sailing, Sail Canada. Class sizes are optimized for learning; Sail Canada recommends a maximum of 10 students per instructor. The fleet of sailboats available at the FYCSS includes CL 14s and Club 420s.

The school provides all necessary sailing equipment, including a personal floatation device (PFD) for each student. Learn to Sail courses are also available for adults. For more information, visit: [www.LondonSailing.ca](http://www.LondonSailing.ca)

## 2. Sail Canada's CANSail Dinghy Program

The FYCSS delivers sailing instruction through Sail Canada's CANSail Dinghy program, a leading sail training initiative (established in 2012) to foster performance in sailing and lifelong participation in the sport.

CANSail is designed to be a set of progressive learn to sail standards, **comprised of 6 (six) distinct levels**, focused on providing sailors with a solid foundation of core skills. It allows sailors to learn and progress in any type of boat and consolidates key skills and solid experiences before adding complex skills.

Each CANSail level has a checklist of associated skills that must be consistently performed by each sailor in order to achieve certification at that level. **Students work toward 1 (one) level at a time.** If a student consistently displays a skill from a higher CANSail level other than they are working towards, his/her checklist for that higher level will also be updated as appropriate. All CANSail level checklists are available online at: [www.LondonSailing.ca/CANSail](http://www.LondonSailing.ca/CANSail)

Sailing is a physically, and often mentally, demanding sport. While the staff at the FYCSS will do everything they can to ensure the individual success of each student, **the FYCSS regrets that for the safety of each student and all other sailors, enrollment in a course does not guarantee certification at any level.** The required skills on each of the CANSail level checklists must be met by each student in order to achieve certification.

## 3. CANSail Levels 1-6. For Level Checklists, visit: [www.LondonSailing.ca/CANSail](http://www.LondonSailing.ca/CANSail)

| CANSail Level 1, Level 2  | CANSail Level 3, Level 4  | CANSail Level 5, Level 6  |
|---|---|---|
| Introduce the beginner to sailing, teaching water safety, seamanship, rigging and basic boat handling under a coach's direction to a point where the student has sufficient knowledge and skills to sail safely and competently without supervision in winds of 8-15 km/hr. | Introduce the sailor to sail trim and basic boat tuning and cover additional safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills in winds of 15-25 km/hr.<br><br>CANSail Level 4 requires participation in a full regatta. | The most advanced levels available; offered at the FYCSS through the Race Team program.<br><br>For information, contact the FYCSS or visit <a href="http://www.LondonSailing.ca">www.LondonSailing.ca</a> |

#### 4. Course Schedule for the 2017 Youth Program

| Start Date | End Date  | Course Code | CANSail Level | Course Fee | Class Days | Class Time  | # of Days |
|------------|-----------|-------------|---------------|------------|------------|-------------|-----------|
| July 3     | July 14   | Y1:CS1-2    | 1 or 2        | \$420.00   | Mon - Fri  | 9 AM - 4 PM | 10        |
| July 17    | July 28   | Y2:CS1-2    | 1 or 2        | \$420.00   | Mon - Fri  | 9 AM - 4 PM | 10        |
| July 31    | August 11 | Y3:CS1-2    | 1 or 2        | \$420.00   | Mon - Fri  | 9 AM - 4 PM | 10        |
| August 14  | August 25 | Y4:CS1-2    | 1 or 2        | \$420.00   | Mon - Fri  | 9 AM - 4 PM | 10        |
| July 3     | July 28   | Y5:CS3-4    | 3 or 4        | \$950.00   | Mon - Fri  | 9 AM - 4 PM | 20        |
| July 31    | August 25 | Y6:CS3-4    | 3 or 4        | \$950.00   | Mon - Fri  | 9 AM - 4 PM | 20        |

All courses require a **minimum of four students** to run.

#### 5. Course Progression & Skills Week

CANSail levels are grouped into each course offered at the FYCSS, with students potentially working toward different levels (for example, in the Y1 course, one student may be working toward his/her CANSail Level 1 while another, more experienced student works toward his/her CANSail Level 2). Some students may progress faster depending on their knowledge, skill and past experience. Enrollment in a course does not guarantee certification at any level.

#### 6. Course Fee Discounts

Multi registrations receive a \$20.00 discount after the first course (either the second registration for one student in the same season or second registration in one family). Fanshawe Yacht Club Owner and Sailing Members receive a \$30.00 discount for immediate family members.

#### 7. Sailing School Regatta, Parent Evening & Banquet

Each year, the FYCSS holds two events for all students from any course during the season. The first event is the evening Sailing School Regatta, which gives students the opportunity to experience racing in an official regatta format. Parents are encouraged to come out and cheer on the racers. The second event is the Sailing School Parent Evening and Banquet. Students will have the opportunity to take their parents for a sail and show off their new sailing skills, followed by a dinner and social evening in the Clubhouse.

| 2017       | SAILING SCHOOL REGATTA | PARENT EVENING & BANQUET |
|------------|------------------------|--------------------------|
| Event Date | Tuesday August 29th    | Thursday August 31st     |

#### 8. Clothing, Personal Items & Daily Lunch

Please ensure your child is dressed appropriately for the weather. At all times on shore and on the water, shorts or swim trunks must be worn. At all times on shore, a shirt going past waist length must be worn. Students are strongly encouraged to bring the following to each class:

- Appropriate clothes for the forecasted weather (jacket, rainwear).

- Adequate amounts of water to drink, especially in the hot summer weather.
- Complete change of dry clothes (just in case).
- Swimsuit, towel, hat, waterproof sunscreen, sunglasses (and retaining strap).
- Proper footwear. Shoes protect toes and are better than sandals. Flip-flops are not permitted to be worn while on a boat or dock.
- Notebook and pen (for taking notes during on shore instruction).

A hearty daily lunch (including an ice pack if necessary, drinks and afternoon snack) should be packed with each student every day. Please keep in mind that there is **no snack bar, store or water on site** or nearby.

Please label everything that belongs to your child. Do not allow valuables to be brought to class (ie: phones, cameras, watches, jewellery). These items can be too easily dropped overboard or damaged by the water. Also, the FYCSS cannot be held responsible for valuables left unattended in the buildings or on the dock during a class.

## 9. Safety & Weather Considerations

Safety is the top priority of the FYCSS. Each student is required to wear an approved PFD at all times while in a boat or on a dock. **Our programs continue rain or shine.** While the FYCSS building provides rain shelter, foul weather gives students the opportunity to learn a number of necessary points outside. Proper dress for such days is essential (warm clothes, foul weather gear, rubber boots).

In any training environment for sailing, a degree of boat-to-boat contact is inevitable. However, most contact is avoidable. Students are strongly reminded that **every boat must make every reasonable effort to avoid collisions, even if it has right-of-way**, and even in light winds.

## 10. Security

The FYCSS is concerned for the safety and security of your child and will strictly adhere to your transportation arrangements as noted on the registration form, unless otherwise notified via a written note from a parent or guardian at least one day in advance. For the safety of your child, anyone arriving to pick up your child without the appropriate prior notice will **NOT** be permitted to collect your child.

## 11. Student Absences & Make-Up Classes

With the CANSail Program, certification at any level is dependent on the presence of required skills regardless of how much time was invested by each student. Therefore, absences will **not** result in a student being denied certification, however, absences greatly reduce the ability of students to obtain and consistently perform the required skills.

Instructors are **not required to re-teach** a lesson for any student missing a class. **Make-up classes will NOT be made** for individual students under any circumstances.

If advance notice of an absence from class is possible, **parents should send a note** with their child or inform the FYCSS by the morning of the class that will be missed. A phone call or note only takes a moment and is greatly appreciated by the Instructors and saves the School considerable time when trying to locate each child.

## 12. Transportation

Parents / guardians that will be driving their child to the School should plan to drop off between 8:45 and 9:00 AM and pickup around 4:00 PM. Presentation of your course receipt at the Park gate will grant you free entrance into the Fanshawe Conservation Area for School purposes only. Directions are available online: [www.LondonSailing.ca](http://www.LondonSailing.ca)

A chartered bus transportation service is offered by the FYCSS for an extra fee of \$50.00 per two week course. The bus stops, pick-up times and drop-off times have been arranged with the bus line and are outlined in the table below:

| Morning Time | Bus Location  | Afternoon Time | Bus Location  |
|--------------|---|----------------|---|
| 7:45 AM      | Bus Depot   | 4:00 PM        | Fanshawe Yacht Club   |
| 8:00 AM      | <b>STOP #1:</b> Glen Cairn School   | 4:15 PM        | <b>STOP #5:</b> Northridge School   |
| 8:10 AM      | <b>STOP #2:</b> NE corner of Wonderland and Commissioners in corner of the parking lot that dips down | 4:20 PM        | <b>STOP #4:</b> Masonville School   |
| 8:20 AM      | <b>STOP #3:</b> Banting Secondary School  | 4:30 PM        | <b>STOP #3:</b> Banting Secondary School  |
| 8:30 AM      | <b>STOP #4:</b> Masonville School   | 4:40 PM        | <b>STOP #2:</b> NE corner of Wonderland and Commissioners in corner of the parking lot that dips down |
| 8:35 AM      | <b>STOP #5:</b> Northridge School   | 4:50 PM        | <b>STOP #1:</b> Glen Cairn School   |
| 9:00 AM      | Fanshawe Yacht Club   | 5:00 PM        | Bus Depot   |

Since the bus stops are not supervised, drop-off and pick-up times should be planned in accordance with the scheduled stop times. Every effort will be made to keep to the schedule, however, there are many factors which can affect the departure and arrival times. Your co-operation will be appreciated.

The bus driver will be given a roster with the name of each child expected on the bus and their stop number. Children registered after rosters are compiled will have their names added by the bus driver when boarding the bus on the first day and it will be certified by the school staff on arrival.

Children 12 and older will be permitted to walk home without an adult **ONLY** with your written permission. Children younger than 12 will be kept at the bus stop until a parent / guardian arrives. Another person, including an older sibling over 14 years, can be designated on the registration form or via a written note submitted to the School.

### 13. Advisement of Instructor Trainees

During a course, certified instructors may be accompanied by Instructor Trainees, or "I.T.s". These volunteers are qualified sailors working toward their teaching certifications and contribute their time, effort and experience to assist the students and the instructor when possible.

### 14. Registration

To register for a course, **print and complete the registration form that follows** on the next pages of this document. Return the completed registration form along with an acceptable method of payment to the Sailing School.

For more information, visit: [www.LondonSailing.ca](http://www.LondonSailing.ca)

**>> REGISTRATION FORM ON NEXT PAGE ...**

**REGISTRATION FORM : 2017 YOUTH PROGRAM**

Please complete one form (TWO PAGES each) per student and return it; mailing address is above.

**1. STUDENT INFORMATION (AGES 9-18)**

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|              |  |                |  |      |  |
|--------------|--|----------------|--|------|--|
| Full Name:   |  | Date of Birth: |  | Age: |  |
| Address:     |  | City / Town:   |  |      |  |
| Postal Code: |  | Home Phone:    |  |      |  |

**2. PARENT / GUARDIAN / EMERGENCY CONTACTS**

|                           |  |                |  |
|---------------------------|--|----------------|--|
| Mother / Guardian Name:   |  | Daytime Phone: |  |
| Father / Guardian Name:   |  | Daytime Phone: |  |
| Other Contact Name:       |  | Daytime Phone: |  |
| Which contact is primary? |  | Family Email:  |  |

**3. STUDENT'S HEALTH INFORMATION**

|  |  |                |  |        |  |
|--|--|----------------|--|--------|--|
| Health Card #:   |  | Doctor's Name: |  | Phone: |  |
| Allergies:   |  | Medications:   |  |        |  |
| Medical conditions that School staff should be aware of: | <i>The parent or guardian takes full responsibility for the student's health and confirms that the activities of the sailing school should not aggravate any known medical conditions. The parent / guardian will inform the school staff of any condition that might develop or manifest during the period of the sailing course.</i> |                |  |        |  |
|  |  |                |  |        |  |

**4. STUDENT'S SAILING / WATER EXPERIENCE TO DATE** (Please circle; leave blank if unsure)

|                   |   |   |   |   |   |                       |     |    |   |        |  |
|-------------------|---|---|---|---|---|-----------------------|-----|----|---|--------|--|
| CANSail Level:    | 1 | 2 | 3 | 4 | 5 | White Sail Level:     | 1   | 2  | 3 | Bronze |  |
| Other Experience: |   |   |   |   |   | Can the student swim: | Yes | No |   |        |  |

**5. COURSE SELECTION & FEES** (Check youth program package or [www.LondonSailing.ca](http://www.LondonSailing.ca) for details)

|  |         |   |             |    |   |                   |                         |    |  |  |
|--|---------|---|-------------|----|---|-------------------|-------------------------|----|--|--|
| Next CANSail Level Student is Working Toward (Circle ONE Only):  | 1       | 2 | 3           | 4  | 5 | 6                 |                         |    |  |  |
| Course Code: Y__ :CS__ -__   | Dates:  |   | Course Fee: | \$ |   |                   |                         |    |  |  |
| Course Code: Y__ :CS__ -__   | Dates:  |   | Course Fee: | \$ |   |                   |                         |    |  |  |
| Bus Transportation: Yes No   | Stop #: | 1 | 2           | 3  | 4 | 5                 | Fee (\$50 per 2 weeks): | \$ |  |  |
| Discount(s), if any:   |         |   |             |    |   | <b>TOTAL FEE:</b> | \$                      |    |  |  |
| <i>Please enclose a cheque or money order payable to "Fanshawe Yacht Club" for the total fee amount above. Fees must be paid in full at the time of registration. Post-dated cheques cannot be accepted.</i> |         |   |             |    |   |                   |                         |    |  |  |

**6. OTHER INFORMATION**

|                                    |                                     |                                   |                                    |                                     |                                 |
|------------------------------------|-------------------------------------|-----------------------------------|------------------------------------|-------------------------------------|---------------------------------|
| Other Transportation Arrangements: |                                     |                                   |                                    |                                     |                                 |
| How did you hear about us?         | <input type="checkbox"/> Open House | <input type="checkbox"/> Web Site | <input type="checkbox"/> Newspaper | <input type="checkbox"/> Event/Show | <input type="checkbox"/> Other: |

## 7. Photographic / Video Recordings Consent

During a course, photographs or video recordings may be taken by Instructors or FYCSS volunteers for use on web sites, printed mementoes, or future marketing material. Consent is assumed for each parent / guardian through the act of registering a child in an FYCSS course, unless the FYCSS is informed to the contrary (via a written note to an Instructor or other FYCSS personnel) within the duration of the course.

## 8. Student Conduct

The FYCSS reserves the right to withdraw any student prior to the completion of a course if, in the opinion of the instructor staff, the student has failed to conduct themselves in a reasonable manner and is disruptive to the class. In such cases, course fees may or may not be refunded, depending on the details of the situation.

## 9. Refund Policy

Refunds (less a \$50.00 service charge) will be allowed up to 14 days prior to the start date of each course, subject to confirmation with the School Director. Refunds requested at a later date will require a medical certificate (presented no later than 30 days from the end of the course) and will be prorated by the number of classes taken. No refunds will be given once 50% of the session is completed. Students or parents must notify the School immediately of any medical occurrence. No refunds can be made due to poor weather conditions.

## 10. Sail Canada Information Release

Contact information for each student must be shared with Canada's national authority on sailing, Sail Canada, so that they can log student progress and issue CANSail certifications. Under no circumstances will student names or information be shared for commercial purposes.

## 11. Information Acknowledgement & Liability Waiver

With this registration for a sailing school program, I acknowledge that:

- I have read, in its entirety, the latest youth program package (in addition to this registration form),
- I understand the CANSail certification system and the skills required for certification to be achieved,
- enrollment in a course does not guarantee certification at any level,
- sailing and other related activities may be hazardous and could expose participants to increased levels of risk, and
- I voluntarily assume these risks for the registering student.

I hereby release the Fanshawe Yacht Club, the sailing school, the Club members, officers, directors, employees and volunteers from all liability, claims and causes of action of any kind in respect of any personal injury, loss of property or loss of life arising out of the activities of the school. I have carefully read this waiver and I fully understand that I am freely executing same. I further understand that by agreeing to this waiver, I am prevented from any claim against the school and its parties.

|                              |  |       |  |
|------------------------------|--|-------|--|
| Student Name:                |  |       |  |
| Parent / Guardian Signature: |  | Date: |  |