

1. Adult Program Overview

The **Fanshawe Yacht Club Sailing School (FYCSS)** is located on Fanshawe Lake in London, Ontario and offers certified Learn to Sail courses for both adult and youth students in a fun and exciting environment. All instructors at the FYCSS are rated by Canada's national authority for sailing, Sail Canada. Class sizes are optimized for learning; Sail Canada recommends a maximum of 10 students per instructor. The fleet of sailboats available at the FYCSS includes CL 14s and Club 420s.

The school provides all necessary sailing equipment, including a personal floatation device (PFD) for each student.

2. Sail Canada's CANSail Dinghy Program

The FYCSS delivers sailing instruction through Sail Canada's CANSail Dinghy program, a leading sail training initiative (established in 2012) to foster performance in sailing and lifelong participation in the sport.

CANSail is designed to be a set of progressive learn to sail standards, **comprised of 6 (six) distinct levels**, focused on providing sailors with a solid foundation of core skills. It allows sailors to learn and progress in any type of boat and consolidates key skills and solid experiences before adding complex skills.

Each CANSail level has a checklist of associated skills that must be consistently performed by each sailor in order to achieve certification at that level. **Students work toward 1 (one) level at a time.** If a student consistently displays a skill from a higher CANSail level other than they are working towards, his/her checklist for that higher level will also be updated as appropriate. All CANSail level checklists are available online at: www.LondonSailing.ca/CANSail

Sailing is a physically, and often mentally, demanding sport. While the staff at the FYCSS will do everything they can to ensure the individual success of each student, **the FYCSS regrets that for the safety of each student and all other sailors, enrollment in a course does not guarantee certification at any level.** The required skills on each of the CANSail level checklists must be met by each student in order to achieve certification.

3. CANSail Levels 1-4. For Level Checklists, visit: www.LondonSailing.ca/CANSail

CANSail Level 1, CANSail Level 2	CANSail Level 3, CANSail Level 4
Introduce the beginner to sailing, teaching water safety, seamanship, rigging and basic boat handling under a coach's direction to a point where the student has sufficient knowledge and skills to sail safely and competently without supervision in winds of 8-15 km/hr.	Introduce the sailor to sail trim and basic boat tuning and cover additional safety, seamanship, terminology, sail theory, sail shape and advanced boat handling skills in winds of 15-25 km/hr. CANSail Level 4 requires participation in a full regatta.

Upon being certified at CANSail Level 2, each adult student may use the school boats for the remainder of the sailing season to practice and enhance their newly learned skills. This arrangement involves a small fee and is subject to the availability of the boats during school sessions and on a first-come, first-served basis.

4. Course Schedule for the 2018 Adult Program

Start Date	End Date	Course Code	CANSail Level	Class Days	Class Time
Mon. Jun 4	Wed. July 4	A1:CS1-2	1 or 2	Evenings: Mon / Wed	6:30 PM - 9:30 PM
Tues. Jun 5	Thurs. July 5	A3:CS1-2	1 or 2	Evenings: Tues / Thurs	6:30 PM - 9:30 PM
Sat. June 9	Sat. June 30	A5:CS1-2	1 or 2	Daytime: Saturday	9:00 AM - 4:00 PM
Mon. July 9	Thurs. August 9	A7:CS1-2	1 or 2	Evenings: Mon / Thurs	6:30 PM - 9:30 PM
		A8:CS3-4	3 or 4		

All courses require a **minimum of four students** to run.

5. Course Progression

CANSail levels are grouped into each course offered at the FYCSS, with students potentially working toward different levels (for example, in the A1 course, one student may be working toward his/her CANSail Level 1 while another, more experienced student works toward his/her CANSail Level 2). Students work toward 1 (one) level at a time. Some students may progress faster depending on their knowledge, skill and past experience. Enrollment in a course does not guarantee certification at any level.

6. Course Fees

All courses are offered for a fee of \$495.00 per person, including any course materials. Register a second person (family or friend) and share any printed material (including the course manual for any CS1-2 course) for only \$475.00 ("Buddy Bonus" discount of \$20.00). Fanshawe Yacht Club Owner and Sailing Members receive a \$30.00 discount for immediate family members.

7. Clothing and Personal Items

Students need to be dressed appropriately for the weather. At all times on shore and on the water, shorts or swim trunks must be worn. At all times on shore, a shirt going past waist length must be worn. Students should also consider bringing the following to each class:

- Appropriate clothes for the forecasted weather (jacket, rainwear).
- Complete change of dry clothes (just in case).
- Swimsuit, towel, hat, waterproof sunscreen, sunglasses (and retaining strap).
- Proper footwear. Shoes protect toes and are better than sandals. Flip-flops are not permitted to be worn while on a boat or dock.
- Notebook and pen (for taking notes during on shore instruction).

Valuables should not be brought to class (ie: phones, cameras, watches, jewellery). These items can be too easily dropped overboard or damaged by the water. Also, the FYCSS cannot be held responsible for valuables left unattended in the buildings or on the dock during a class.

8. Safety & Weather Considerations

Safety is the top priority of the FYCSS. Each student is required to wear an approved PFD at all times while in a boat or on a dock. **Our programs continue rain or shine.** While the FYCSS building provides rain shelter, foul weather gives students the opportunity to learn a number of necessary points outside. Proper dress for such days is essential (warm clothes, foul weather gear, rubber boots).

In any training environment for sailing, a degree of boat-to-boat contact is inevitable. However, most contact is avoidable. Students are strongly reminded that **every boat must make every reasonable effort to avoid collisions, even if it has right-of-way**, and even in light winds.

9. Arriving for Class

Please plan to arrive at the School (within the Fanshawe Yacht Club grounds) around 15 minutes before your class start time. Presentation of your course receipt at the Park gate will grant you free entrance into the Fanshawe Conservation Area. The route is well signed. Follow the road across the dam. At the fork in the road, go to the right and follow the main road through the campgrounds. The gate for the Club is marked by a sign indicating a right hand turn. The FYCSS boathouse is just inside the gate on the left. Vehicles may be parked on the grass at the side of the boathouse.

Detailed directions to the Club are available on the Club web site: www.LondonSailing.ca

10. Student Absences & Make-Up Classes

With the CANSail Program, certification at any level is dependent on the presence of required skills regardless of how much time was invested by each student. Therefore, absences will **not** result in a student being denied certification, however, absences greatly reduce the ability of students to obtain and consistently perform the required skills.

Instructors are **not required to re-teach** a lesson for any student missing a class. **Make-up classes will NOT be made** for individual students under any circumstances. Make-up classes are **not offered** for classes cancelled due to weather; skills that would have been covered will be taught in a subsequent class.

If advance notice of an absence from class is possible, students should inform the FYCSS by the morning of the class that will be missed. A phone call or note only takes a moment and is greatly appreciated by the Instructors.

11. Advisement of Instructor Trainees

During a course, certified instructors may be accompanied by Instructor Trainees, or "I.T.s". These volunteers are qualified sailors working toward their teaching certifications and contribute their time, effort and experience to assist the students and the instructor when possible.