

FYC 2009 – EVENTS CORNER

For more info and details check our website - www.fyc.on.ca

FYC Executive Meetings first Monday of each month

FYC General Meetings for club members third Thursday of each month over the winter

FYC Schedule

- FFB 13** Winter Social -"Sailor's Dinner out" 6PM
Hook's Restaurant - buffet, Wharncliffe at Southdale
- FEB 19** **FYC General Meeting** 7PM HMCS Prevost, 19 Becher St
- MAR 1** **Membership applications due, late fees apply after this date.**
- MAR 13** Winter Social -"Sailor's Dinner out" 6PM
Hook's Restaurant - buffet, Wharncliffe at Southdale
- MAR 19** **FYC General Meeting** 7PM HMCS Prevost, 19 Becher St
- APR 10** Winter Social -"Sailor's Dinner out" 6PM
Hook's Restaurant - buffet, Wharncliffe at Southdale
- APR 18** **Spring Work Party #1**
- APR 23** **FYC General Meeting** 7PM, HMCS Prevost, 19 Becher St
- APR 24** **Fanshawe Conservation Park Opens for Season**
- APR 25** **Spring Work Party #2**
- MAY 2** **Spring Work Party #3 - Sailing School**
- MAY TBA** **Regatta/race management workshop**
- MAY 17** **Commodore's Reception and Sailpast**
- MAY 23/24** **FYC Open House 2009**
- MAY 30/31** **Commodore's Cup/ June Bug Regatta**
- JUN 13-20** **1000 Island Cruise week**
- JUL 17-25** **North Channel Cruise Week**
- AUG 29/30** **Club Championship Regatta Corn Roast**
- SEP 12** **Fall Work Party #1 - Sailing School**
- Oct 3/4** **Pumpkin Regatta**
- TBA** **2009 Sailing School Regatta**
- OCT 17** **Fall Work Party #2**
- OCT 24** **Fall Work Party #3**
- NOV TBA** **FYC Annual Banquet**
- NOV 26** **AGM Budget Meeting** - 7PM HMCS Prevost, 19 Becher St

Informal Racing Schedule in 2009

MAY 6- OCT 7 Wednesday informal afternoon and evening race

MAY 7 - OCT 8 Thursday evening Laser/ Laser radial racing

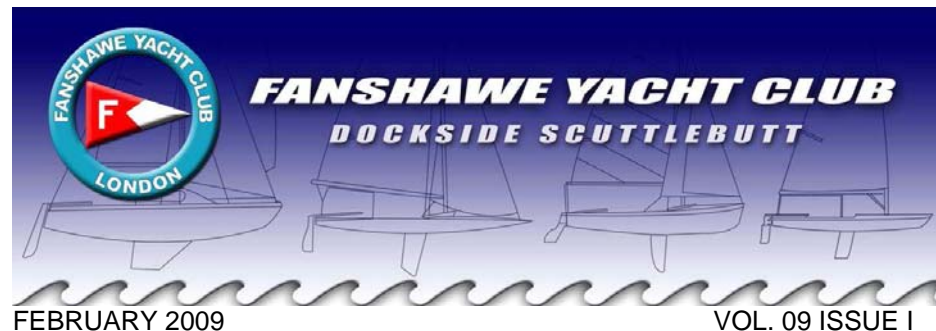
Sailing School Schedule - TBA

Dragon Boat Schedules

Wonderland dragon boats TBA

Rowbust dragon boats

AUG 14-16 The 10th Anniversary as a Dragonboat Racing Team



Pumpkin regatta 2008 -Wayfarer 7220 - Jeff and Vera Eames

The 2009 Commodore's Inaugural Address

Fellow sailors and paddlers.

It is with humility that I accept the title of Commodore of the Fanshawe Yacht Club for the year 2009.

I wish to first thank the most important people here; you the members. Whose hard work and dedication have enabled this organization to weather the vagaries of declining numbers and adverse conditions at work parties, etc., to continue its mandate to promote this pleasure, art and sport of sailing in the local community.

Secondly, I wish to acknowledge the dedication and personal time put forth by the officers past and present. The depth of knowledge and perspectives they bring to bear on issues that confront us in the day-to-day operation of our facilities and implementation of our policies is truly hard to measure.

For the future?

For several years the membership numbers declined, but I feel that our passion for this institution has made up for that. Now that our number seems to have stabilized, it seems clear to me that we need to make every effort to maintain and enhance the gift that has been given us.

To this end, I will lend my support in any way I can to the work of the "Trillium Task Force".

Additionally, I will strive to encourage the youth of the club and the sailing school to become more involved in both the formal and informal racing programs we have to offer. The camaraderie and fellowship born of shared passions and knowledge is the way forward. Meeting challenges and changes with a ready hand and an open mind will ensure the future of our beloved club.

We can see the results at every work party; many hands make light work. When everyone pitches in just a little, we soon become more than the sum of our part.

With your approval, I will do my best to ensure the future of the Fanshawe Yacht Club.

Thank you

Mark Anderson, FYC Commodore for 2009

Welcome to the 2009 Sailing Season!

There is a change in the Dockside Scuttlebutt with a change in staffing. Alice Jukema has decided not to continue with the newsletter this year. Her family life has become increasingly busy in the past year. As I lack her excellent talents in editing, I am opting for an easier format for my 3 fingered typing skills - two rights and one left and an absence of columns.

I want to thank Alice for the past three years on our Scuttlebutt adventure. It was a pleasure working with her, with our wandering deadlines that wove around life events outside of sailing. Alice will continue to manage the FYC Communications email ensuring that info reaches members whenever the need arises. Hans Schaffner has generously agreed to continue to manage the snail mail side of the club's communications, both newsletter and executive mailings, for members who have no email access. If you are not receiving mail, please contact Alice or myself and we will be sure you are on our lists!

Please keep in mind that the newsletters are archived in *full colour* and available for download on the FYC website (through the wizardry of Kevin Biskaborn). Those mailed by regular mail will be in black and white to keep our costs low - unless we find a less costly means of copying colour. Any thoughts out there on this?

I look forward to seeing you at the next Winter Dinner and/or the Feb General Meeting!

JUST REACHIN' ALONG Suzanne

Contributions, Comments, Adventures, Humour, Take-Heed-Tales and Amazing Ideas are Welcome

The Scuttlebutt is issued 6 times per year after the Executive Meeting, which is held the first Monday of the month. (Published: Feb, Apr, Jun, Aug, Oct, and Dec). I would be pleased to consider submissions from members.

CONTACT: Suzanne Goldt
519-473-1966 www.rgoldt0228t@rogers.com
480 Sherene Terr, London, On N6H 3J3

FYC Annual General Meeting Jan 29, 2009

A good number of members battled the snowy roads to attend the AGM to say farewell to the old season and the executive team that helmed the year 2008 as well as to welcome the new executive for 2009. Reports were provided by the members of the Executive and are included in this newsletter.

As outgoing Commodore (for the second time), Paul Chessman now assumes the role of Past Commodore also the role of Head of the Nominating Committee. When thoughts of good candidates for the Executive for 2010 arise, please contact Paul with your suggestions. You are certainly welcome to offer to serve as well!

Paul also has offered to head up the club-leasing program. If you are aware of anyone who may wish to lease a boat for the season or have any questions or comments throughout the year with regard to leased boats - Paul is your contact. In 2008, there were 12 lease arrangements and apparently, some of these leasing members were on the lake more than boat owning members! What's up with that?

Another Executive member is leaving the team in 2009 - John Bryant. John has been a member of the Executive for 14 years!!! His primary involvement was years as Secretary ending with two years as Commodore (2005, 2006) and as Past Commodore (2007, 2008). John said that throughout those years, the most enjoyable part was meeting new members as they joined. I am not sure how he will adapt to sitting with the plebeians at this year's meetings.

As is the tradition, after the reports of the outgoing Executive, the Commodore's Tie, flag and gavel were passed on ceremoniously from Paul (right) to Mark (left).



It was noted that in his two years as Commodore, Paul has not had a sailpast because of poor weather in May in both years. The suggestion is that he will participate in this year's sailpast even if he needs to be tied to Mark Anderson's bowsprit...hmm...an interesting vision!

FYC 2009 Executive and Contributing Positions

Commodore	Mark Anderson
Vice Commodore	Brian Hurst
Rear Commodore	Doug Carey
Past Commodore	Paul Chesman
Fleet Captain	Rick Goldt
Treasurer	Wayne Henderson
Secretary	Jack Blocker
Sailing School Director	Peter Wilkins
Sailing School Committee	Steve Dietrich, Bobby Hampton, Rob Perquin
Nominating Committee Chair	Paul Chesman
Membership Chair	Nina Myers
Public Relations Chair	Mike Morris
Communications Committee	Alice Jukema, Sue Goldt, Hans Schaffner
FYC Scuttlebutt Editor	Sue Goldt
Harbour Master	Rob Perquin
Dock Marshall	Jamie Pentland
Parking Area Marshall	Brian Perry
Boat Master	Jim Mackenzie
Safety Officer	Ross Green
Sportswear Coordinator	Lori Chesman
Web Site Coordinator	Kevin Biskaborn
Boat Leasing	Paul Chesman
Trillium Grant Committee	Peter Wilkins, John Bryant, Marc LaCoursiere

Fleet Captain's Report for the 2008 Season - Rick Goldt

Thanks to Rob Perquin (Harbour Master), Szymon Kornobis (Boat Master) and Mike Morris (Dock Master) for organizing installations and organizing repairs. Many thanks to all those who measured, cut, nailed, lifted, dropped, lugged, bolted, screwed, drilled, carpeted, hooked, trashed, anchored, chained, cleaned, organized, washed, hauled, drove, procured, delivered, opinionated, scraped, painted, filled, and supervised.

The following construction and replacement work was done in 2008:

1. Construction of 6 bunk sets for outside storage of sailing school boats.
2. Construction of 120 ft. of carpeted bumpers placed on the main dock over the tires to prevent rubber scuffing of boats.
3. Construction of bumpers on the south floating docks.
4. Repainting of rescue boat seats.
5. Replacement and reorganization of mooring chains.

6. Year end reconditioning of all steel dollies for the sailing school and club.
7. Dolly bunks will be refurbished in spring '09
8. Some replacement moorings were bought in spring '08 with more ordered at the end of '08, ready for spring '09
9. Investigation of failed section of main sheet pile dock was investigated in fall '08. Onset of winter with high water in late November to early Jan '09 dulled opportunities to repair tie rods and refill the walkway. This work will be picked up again in the spring, hopefully without too much disruption to our spring start-up activities.



Dec 29,2008 snow melt - from the dam facing the overflow pond



dec 29 snow melt- rowing hut in background

From the Membership Desk

Nina Myers, Membership Chair, reported at the AGM that the numbers of sailing members in the club for 2008 seems to be stabilized at about 110 members. Added to this are the 34 Wonderland Dragon Boat members, 42 Rowbust Dragon Boat members and 12 leasing members.

The membership applications for the 2009 season went out at the end of January, so if you haven't received one, please contact Nina.

NOTE: Applications must be received by March 1, 2009 or a late fee will be applied. If it helps, as in past years, you can send in the membership and boat parking fees and purchase the UTRCA boat and car passes later.

From The Treasurer

Our, Treasurer, Wayne Henderson, reported that the club is in good shape financially with a comfortable reserve in the bank. The annual audit is taking place presently and results of the audit will be available at either the Feb or Mar General Meeting. Considering the projects to be done in the upcoming season, Wayne felt that the reserve at the end of next season would be comfortable.

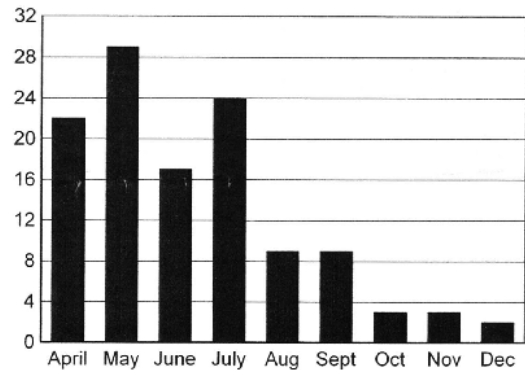
NOTE: An update of the Fanshawe Yacht Club/ Sailing School budget is posted on a monthly basis on our website - www.fyc.on.ca.

Secretary's Report, 2008 - by Jack Blocker

The Secretary of FYC is the primary contact for enquiries made through the Club website, with the Commodore in 2008 as the secondary and backup contact. I have tabulated the number of enquiries per month, beginning in April. This is not the number of messages, but the number of individuals and institutions making enquiries; the total number of messages is much higher, since some exchanges required several messages, and I did not record the enquiries during the periods when I was away from my email and Commodore Paul Chesman became the primary contact. The total thus tabulated from April to December 2008 was 118, spaced as shown in the graph (following). The overwhelming majority of these enquiries involved the Sailing School, and these messages were simply forwarded to the Sailing School Director Peter Wilkins, although I responded to each enquiry to report the message had been forwarded. Other enquiries were forwarded to the Membership Chair Nina Myers, or to the Commodore. I answered any

enquiries to which I felt qualified to respond, but most were forwarded as described. I wish to report this activity so Club members will be aware of what is being done in their name and to provide a baseline of enquiry activity which can be used to measure such activity in subsequent years

FYC Website Enquiries, 2008



News from the Sailing School Boathouse

by Peter Wilkins

At the Annual General Meeting on 22 January, I reported to the members, with the highlights of the year 2008. My report follows.

In late January, we returned to the London Home Builders' Association Lifestyle Home Show with our information booth for the sailing school and the club. For the second time, over two and a half days we talked sailing and learning to sail to over 300 show-goers generating interest in sailing in London.

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April was time for the spring work parties getting the boats out and the docks

in place. During May our Instructor Manager and myself drove to Toronto and Oakville to pick up our new boats - 2 Laser Pico sailboats and a rigid-hull inflatable coach boat. The last two weekends in May we hosted an Ontario Sailing Instructor Development clinic with eight candidates trying for their green level certification. This was the third year we hosted the clinic and although the numbers were down a little, the folks at Ontario Sailing were pleased with the results and with our facilities at FYC.

The final weekend in May was the club Open House and the school participated in a repeat of previous years. An information table was set up in

the Clubhouse and one of the new Pico's was on display outside. Committee volunteers were on hand to field questions on the school programs and to take registrations from interested students. School boats were rigged and ready at the dock with our instructors and race team members offering rides to interested visitors.

The month of June saw the adult classes underway with two evening courses during the week and one on Saturdays all through the month. The registration for the adult classes was good with the Saturday class slightly over capacity.

July and August were busy with the junior program all day during the week. We offered four courses in White Sail and two in Bronze Sail. Once again, we offered bus transportation for the juniors. The race team continued with the Silver/Gold Sail program. The team competed in regattas around Southern Ontario and into Quebec with an event at Hudson, just west of Montreal. The racing season capped with a trip to CORK in Kingston in late August. Several of our boats finished fairly well in their fleets during the season. Once again, the race team helped at the school by organizing and officiating for the season-end regatta for the junior students.

Also in August we offered another adult course in White Sail together with one in Bronze. The August courses were not well attended, but we kept them going to serve the students. By September it was time to pack up the boats and with the fall work parties several staff, students and Club volunteers pitched in to stow it all for winter.

In early November, I attended the OSA Learn to Sail symposium - once again at Port Credit Yacht Club in Mississauga. This event continues to be a valuable experience for us and an opportunity to hear and speak to volunteers and staff from other programs around the province.

Since November, we have been monitoring college bulletin boards looking for boats for our racing program. With some recent discussion with our senior staff, we have started preparations for 2009.

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Now - the numbers part: In our regular sailing courses, the student

numbers were as follows:

Junior program - 59 White Sail in the 4 courses, 23 Bronze in two courses, 8 in the racing program

Adults - 44 White Sail in 4 classes, 2 Bronze Sail in one class

As we have heard already, the year was good financially.

Thanks go out to specific volunteers who made it happen:

- Bobby Hampton organizing the publicity and standing with me at the Home Show and Open House

- Jens Biskaborn, Rick Goldt, Paul Chesman and Roy Elworthy for their support at the Home Show

- Peter Norris who continued way beyond his role as Instructor Manager to keep things running before, during and since the summer season and to Andrew Dittmer who stepped in a few times to help when we needed it, even though he had been spirited away to work at Royal Hamilton.

- our instructors; Matt Quinn, the race coach; Emily Durward, our senior instructor; Nikki Quinn, our Bronze level instructor and Greg Midgley, our White level instructor

- the race team parents, for their help with transportation, accommodation and chaperoning the sailors at the regattas

- the "too many to name" work party helpers who were there when we needed the help.

A good year all around.



Finally, a way to combine our sailing club and dragon boat clubs
(Photo from the Canadian Wayfarer Assoc site)

It is not too soon to schedule your time to help with the upcoming Open House. Volunteers are needed for a variety of tasks - greeting guests at the gate, kitchen duty, providing rides in sailboats, managing club and sailing school displays, organizing the people on the docks, preparing info packets for guests, and so on. A sign up sheet will be at the Fall Work Parties.

The Open House will be discussed at the *February 19 General Meeting*. If you wish to lend a hand, you can also contact Rosemary Dickinson who has offered to be involved again after several successful years.



Rowbust Winter Report

Although the boats are safely tucked away for the winter, Rowbust members continue to be busy. The Athletic Club has kindly increased their sponsorship of our team to allow us to begin training earlier. Thanks also to the dedication of our coaches Cheryl and Sarah, we were able to have a combination of circuit training, guest speakers, and pool practices at the South Athletic Club that began early in November.

Cathy and Russ Highfield hosted a team Sponsorship dinner in November. Suzanne and her eager group of fundraisers participated in the LRCP Christmas Craft show on November 21. Daphne Sanders kindly opened her home for a team party on November 22.

In December, Lorraine Lithgow once again organized our annual contributions to assist a needy family in conjunction with Big Sisters. In January we held our annual meeting at the St Thomas Golf and Country Club. Our new board of directors will consist of Linda Kuska, Deb Lucy, Maureen Huggins, Bonnie Anger and Joan Smith. Our guest speaker was Karen Danylchuk from U.W.O. who spoke to us about sponsorship and her experiences on a dragon boat team in Hong Kong.

The new members' meeting was held at the home of Deb Lucy in January. Prospective new members and their mentors enjoyed Deb's hospitality and new members learned a bit about our team and dragon boating.

Plans are also proceeding to celebrate the tenth anniversary of Rowbust in 2009. Our celebration will take place in August.

Submitted by Rowbust member Lynne Aylsworth

And the winners are.....Stratford 2008



A pat for good luck - Halifax 2008

FYC at the Home Show again

by Peter Wilkins

For the third year, FYC was represented at the 2009 London Home Builders' Association Lifestyle Home Show on 23, 24 and 25 January. Under the "Lifestyle" part of the show name, LHBA has included an Adventure Expo

section in the show since 2007 and we have hosted a booth at each one. This year, with the purchase of our new, smaller Laser Picos, we were able to book a slightly larger booth and feature a Pico in the show. It was pretty neat to look across the room or down the aisle and see the red and white of the boat's main sail towering above the other booths and we certainly got a lot of double-takes as show-goers saw the boat and had to look twice to confirm what they had seen. We shared our end of the hall with the crew from Nova Craft Canoes, who had been our neighbours in previous shows.

Over the Friday afternoon and all day Saturday and Sunday we spoke to a steady stream of people as we tweaked their interest in sailing and learning to sail. Several folks were interested to hear that they didn't have to own a boat to join the club and sail. Others were surprised to learn that they could get started with a boat like the Pico for as little as about \$3,500. In a few cases, we raised a deep-seeded interest for sailing as we asked people if they would like to sail. Some people came to the show to seek us out to talk about registering for sailing courses.

It was a lot of talking and a lot of standing but it felt good to get the favourable response from so many people. A heaping thank you goes out to Bobby Hampton and Jens Biskaborn for their invaluable help in setting up the booth, standing with me all weekend, and then taking the booth down on Sunday evening. Thank you to Paul Chesham for his support standing with us and allowing us timely breaks, in spite of his ailing back. And thanks to the several Club members, present and past, who stopped by in their tour of the show to say hi and check on our health.

Now, we have to get working with the names on the contact list!!

Wednesday Night Dinners - Everybody is welcome- by Sailor Mike

We had around 20 folks come out to the first Friday Night out at Hook's Restaurant. The staff were very good to us letting the group all seat in the same area. Food (all you can eat) was good as always. This being a buffet there is no end to the variety of regular fare and desert. All those I spoke with seemed most pleased so we are going to go 3 more times.

The **next Night Out is for February 13th at 6 PM. Hooks** have once again said they would seat us in the same area as before. The 3rd Night Out will be March 13, the 4th and final time for this year will be April 10, same time. same place.

These gatherings are open to any and all members of FYC and are designed so members can keep in touch over the winter months. We have had as many as 38 show up. Come join the fun. mike

ED NOTE: Friday nights are half price for seniors at the buffet.

Help for Those Long Winter Days Before Sailing Season From Sailor Mike....

If members are getting cabin fever check out www.furledsails.com. These are interviews with all manner of sailing people. Some interesting conversations take place. mike

Cruising 2009 - Planning for the North Channel and the 1000 Island Cruises, All Interested Members are Welcome to Participate !

The following arrived from one of the masters of cruising himself - Mike Morris:

North Channel Cruise 2009

The dates for the 2009 week I believe are July 17 to July 25. Again this cruise is open to any FYC member who owns a cruising type boat, has the proper equipment onboard and has the desire and skill to sail and live on their boat for the time we will be away. If interested, speak to any of the old cruising gang. At the Friday Night dinners would be a good time. **Plan ahead set your vacation time early.** mike

1000 Island Cruise

The dates for 2009 week are June 13-19. Mike is the main contact for this cruise having made the trek several times before.

A Sailor's Adage

Life's a reach.....and then you gybe

A Place in the Sun by Derek Innes

Our 39 year old son, Greg, certainly has his winter routines figured out. Since he has his own log bed business (greg@knottybeds.com) and has three families renting cabins on his property near Sooke on Vancouver Island, he can afford to take time off each winter, lots of time, that is.

He's graduated from Dart catamaran sailing at FYC ('Green Lantern' in the late 80's to 1990's), to windsurfing in B.C. and now to kite surfing.

For three consecutive winters, he has piled his gear into his small truck and has driven to La Ventana, Mexico, just north of La Paz on the Baja Peninsula.

Greg left Vancouver Island in mid-December and is planning to return in early March. By camping free in an arroyo (ED NOTE: I had no idea what this was so checked it out - an arroyo is a dry channel or gully cut by a stream, esp. in arid regions) he can live for between \$15.00 and \$20.00 US a day. Food and beer are not too expensive and the wind is free.



Every day that there's a breeze in the Sea of Cortez, he's on the water. Since he's been kite surfing for 3 or 4 years now, he's quite proficient at this potentially dangerous sport. With a burst of wind he can jump 10' to 15' in the air. Often he can look down from above and see the brightly coloured fish swimming just below the surface.

According to his e-mails and phone calls, at one point a large grey fish 5' long and 2' wide followed him, only inches away from his board, for what seemed to be an eternity. Every time he'd turn, this big grey shape would turn too.

Greg can go upwind with the kite but a better idea is to get in this Mexican guy's van with a few other kite surfers and to be driven three or four miles upwind. When they're dropped off, these kite surfing addicts take 3 hours going on broad reaches to get back to their home beaches at La Ventana.

He often comes quite close to shore when he's totally familiar with the shoreline. Greg can ride the waves almost to the beach and see the



Greg Innis - Mexico 2009 - winter!!!

barnacle covered rocks about 6" below the surface before gybing and heading out again.

So many like-minded kite surfers and windsurfers are there every winter. They're from California, B.C., Alberta, Germany, France, etc. and Greg has made quite a lot of friends.

Marj and I go out to his property in Sooke to collect the rent monies at the end of Dec., Jan. and Feb. Also, we babysit his pet kitten for 2 1/2 months.

I, too, had my Place in the Sun on Jan 20, the day President Obama was inaugurated. In my Dart 18, I went sailing on the ocean off Sidney, B.C. (air temp 7 degrees, water temp 9 degrees centigrade). Eighty percent of the days out here in January are either cloudy or foggy but Jan. 20 was sunny and beautiful. It was a great way to start the sailing season!

*P.S. If you ever visit the Great Wolf Lodge (Ripley's Believe It Or Not) in Niagara Falls, Greg and his girlfriend made the 36 pieces of log furniture for them about three or four years ago.

Clubwear - Look Your Best On and Off the Water

Lori Chesman is again taking on the task of managing the Clubwear for the 2009 season. Be sure to take advantage of this service and consider how fine you and your crew would look in matching FYC sailing gear as you race or cruise at home or away. Even better, the whole family can look spiffy in their club gear wherever they may be.

And isn't it a coincidence, our club clothing is perfect in colour for Canada Day!! Who can ask for more!

Lori sent this note along about a special offer:

I still have fleece vests for \$25 and it is only for what I have on hand. I can't order more. Cash sales only!

Navy 2XL--1
Red XL--1
Red L--2

Red/navy trim M--1

New prices for 2009 won't be for a while yet.

Nautical Philsopy

Do hydroplanes evaporate?

Sea battles never decide who's right, only wo's left.

D fish get cramps after eating?

How much deeper would the ocean be if sponges didn't grow in it?

Paid Job Opportunity - FYC—Club Steward

Required : Valid drivers license and daily use of own vehicle.

The FYC Executive has a part-time paid position available with the following schedule and duties:

Schedule:

- 8 hours per week during specified **spring** weeks
- 20 hours per week for the **summer** months
- 6 hours per week for specified **fall** months.

Club Steward Daily Duties:

- cleaning of the Main Chalet & washrooms.
- transport of garbage to the UTRCA dump

Club Steward Periodic Duties:

- Cleaning of grounds
- Arranging and supervising of grass cutting with the UTRCA
- Moving of Trailer Sailor Boats for grass cutting (minimum 5 times per summer).
- Procuring sufficient supply of fuel, reporting deficiency to Board Liaison.
- Trimming bushes & trees, watering flowers
- Purchasing and replenishing supplies and general small repairs as required.
- Cleaning up after Regatta's and Social events on weekends.

To Apply Contact: Commodore - Mark Anderson
Vice Commodore - Brian Hurst

Two Boats For Sale

25 foot Macgregor for sale:

I wondered if you could include this info, re: our Macgregor in the Scuttlebutt. It is in Gananoque for the winter and we are asking **\$8,000**. It sure would be nice if 'she' could stay a part of Fanshawe and thank you for the many years of happy family memories we had at Fanshawe Yacht Club- you all showed us how to love boating as a family. **If a Fanshawe member buys the boat-Mike will throw in the dock for it, for free!!**

Contact: Mike and Colleen Wareing 519-473-8113



Photos follow.....

Sandpiper 565 (18 feet) for sale:

Built 1981, dark blue hull, white deck in very good condition
6HP Mariner (Mercury) outboard - 1994 model
3 sails, all rigging and lines
large cockpit
trailer

Contact: John Myatt 519-472-7336.

HOW TO RACE A SAILBOAT

- Call seven friends Friday night, have them all meet you at your house at 7:00 am tomorrow, sharp.
- Have your friends clean your house, and haul everything from the basement to the attic.
- After the house is clean, everyone wraps themselves from head to toe in plastic.
- All eight of you cram together in the bathtub. Point a large fan at the tub and turn the shower on cold.
- While yelling and swearing at your friends at the top of your voice, tear up \$100 notes.
- Do this for six hours.
- At the end of the six hours, everyone gets out of the bathtub and walks around the house, dripping wet.
- Have all your friends clean your house again and take the stuff from the attic back to the basement, then take them all out for a drink.
- Invite them to come back next weekend and do it again.

Trillium Fund Application

On 26 January, a group of club volunteers met to start work on an application to the Trillium Fund for financial help with some projects around the club. The group was made of representatives from the club, both dragon boat clubs and the sailing school. For the first meeting, we drafted a "wish list" of projects to include in the application. This initial list includes the following:

- replacement club safety boats
- replacement floating docks and access ramps at the south ramp
- replacement boat docks for the dragon boats
- larger storage buildings for the dragon boats
- a vehicle for dragon boat retrieval
- replacement sailing school boat docks
- additional boats for race training
- replacement of the main stairs from the clubhouse to the dock

This list is quite extensive and will require research to prepare price estimates and the required documentation. It could require that some items be dropped from the list. The group is aiming for the next 'round' of grants in July. Each sector is now gathering information on feasibility and pricing for their projects and we plan to meet again on 23 February to review the information and determine the next step.

Peter Wilkins



Cures for yachties' heaving (October 23, 2008)

WHEN crew members in the Sydney-Hobart yacht race mention "heaving" on their yachts, that does not necessarily mean lifting or dragging.

Some sailors cannot stomach rocking and rolling through a seemingly unending parade of waves on their way to Hobart, while others are blessed with cast-iron tummies.

Most skippers and their charges agree that it all comes down to the individual.

"It all depends on the person. Some people wouldn't get sick in a washing machine, others get crook just going off the (Sydney) Heads," said Volvo 60 skipper David Witt, of Brisbane.

Seasickness is a dirty word on all ocean-racing boats.

Some sailors get so badly ill their skippers are left with little choice other than to strap their incapacitated colleagues into their bunks and leave them there.

That is what happened to Dean Wilson, co-skipper of the Victorian yacht Terra Firma, which won the Sydney-Hobart in 1995.

Sailors with dodgy stomachs have a variety of ways to combat vomiting.

Hugo Boss skipper Andy Tourell said leaving a sick crewmate to sit and think about it was the worst thing he could do.

"You have to give them something important to do," Tourell said.

"If it's drivable conditions, get them on the wheel and let them steer the boat -- that takes their mind off it.

"I remember one occasion when a crewman was seasick, a pod of dolphins came up to the boat and were swimming alongside and jumping out of the water all around us.

"Our guy was so distracted by the dolphins, you could actually see the colour coming back into his face. It was amazing."

Hugo Boss bowman Liam Cole believes in the healing powers of ginger.

"If I'm feeling a little sick, I eat ginger biscuits," Cole said.

"I also wear the pressure-point wrist-bands, which are supposed to help."

The supermaxis have their share of queasy stomachs.

"I reckon it's all in your head," said Skandia's boat captain Nash Stahmer.

"If someone gets it, tell them a few jokes and a few stories and take their mind of it."

Witt, skipper of the George Gregan Foundation, has an even more cunning plan.

If distraction fails, he has a system of pill-popping to cure sailors who are green around the gills.

"If they are feeling bad I give them seasick tablets every two hours, and No Doz to counteract the drowsiness caused by the seasick pills," Witt said.

"If he keeps getting more crook, I dose him up with sleeping pills and leave him on deck until he gets really tired, and then send him down to sleep.

"Usually, it knocks them out for about four hours.

"When he wakes up he's fine because while he was asleep his middle ear has adjusted to the movement of the boat.

"The blokes who think they're unwell, but actually aren't -- you can tell it by the colour of their face -- I give them a placebo.

"It's a sugar pill, because seasick tablets can actually make blokes who just think they're seasick feel even worse."

Sam Hunt, of Quantum Racing, has the ultimate cure for seasickness.

"Sit under a tree," he said.

WHEN crew members in the Sydney-Hobart yacht race mention "heaving" on their yachts, that does not necessarily mean lifting or dragging stuff around onboard.



This photo was sent by a past FYC sailor in Vancouver B.C. following their recent snowstorm this winter.

West Coast snow removal equipment!!