

### **NOTE FROM YOUR COMMODORE'S DESK**

**Hello Sailors and Licensees,**

Today, January 14th at 12:01 a.m. Ontario has been placed under a State of Emergency to address the Covid 19 Crisis in order to save lives. Premier Doug Ford stated this is a Stay-At-Home Order. This Order will remain in effect for 28 days which will take us to Wednesday the 10th of February.

After contact some of our members, here are some ideas they suggested to keep you busy:

- Catch up on your reading. Historical novels are enjoyable and you can download them from the library. Small Craft Adviser, a magazine is also an enjoyable read.
- Take a walk - smart phones these days record your steps and have cameras. Be ready, you may see a coyote, wild turkeys, bald eagles, a golden eagles, lots of Canada Geese, hawks, chickadees, deer and juncos. Did you know if you put bird seed in your hand and hold it out at arm's length chickadees will come to feed right from your hand.
- Look up paint by number online and create some masterpieces. Install Happy Color paint by number - it is free
- Play bridge, cribbage, golf, poker and sail online or travel the world on YouTube
- Check out the Vendee Globe Single-handed (solo) non-stop round the world yacht race ([www.olympicchannel.com](http://www.olympicchannel.com))
- The Americas Cup will soon be televised
- Jigsaw puzzles are great for any age group
- If you have a treadmill, Stairmaster, stationary bike, dance or exercise videos you can make sure your New Year's resolutions gets started
- Paint a landscape, portrait or abstract in oils, watercolor, charcoal or pencil if so inclined
- Learn to do Crossword puzzles or Sudoku
- Telephone your FYC friends to see what they are up to.
- Do your own pedicure and manicure. Learn how to cut your significant others hair.
- Do some boat repairs in anticipation of the next sailing season (if you have a garage)
- Plan your Spring garden
- One of our Members received a splendid bottle of wine and decided to have it for dinner with Quiche Lorraine. Experiment with different recipes and learn to make cinnamon buns, maple fudge or create your own culinary creation for the next time we have our Friday Potluck
- Now don't forget your furry friends they are probably wondering why you are home all the time and both humans and fur buddies need love.
- It is paramount that you follow Ministry of Health and Provincial Government protocols, wash your hands often, wear face masks and practise social distancing if you need to go out.

Please take great care and I will look forward to seeing you at our AGM in March, by ZOOM

Regards,

Bonita Magill, your Commodore